

Member Testimony-May 2018

Thank you Member Dana Lewis!

First of all I Love LaKeishea (Squat Queen). I've been taking her classes for one month now & can already tell that my body is changing & I'm so excited with the results. Her classes are fun & she's always changing things around so we don't get bored. She pushes you to do your best & is so encouraging. You can tell that she Loves her job & all of the people in her classes. She wants us to be healthy & the Best we can be. She is such a motivator & inspiration to me. I'm so glad that she came into my life to help me better myself. Blessings to you my Dear Friend...Keep Shining 🌞 ✨