

# SWIMMING SAVES LIVES- June 4th- June 7th- FREE Swim Lessons

Registration Begins- May 14th

Non-Swimming ADULTS & CHILDREN, Aged 5 and up

Please Select ONLY ONE Time! Classes Meet: 5:30pm-6:15pm; 6:30pm-7:15pm; 7:30pm-8:15pm

Pre-Registration is Required at the Aquatic & Fitness Center. Please do not register unless you are positive you will attend!

The Grand Strand Masters Swim Team in conjunction with the North Myrtle Beach Aquatic & Fitness Center is proud to be part of the U.S. Masters Swimming, *Swimming Saves Lives* Foundation and the USA Swimming Foundation's *Make A Splash* water safety initiative. The purpose of this program is to focus on drowning prevention and the positive impact swimming has on health conditions. Participants will be introduced to **basic swimming and water safety skills** such as floating, treading water, and being comfortable in the water.

**June 4<sup>th</sup> – 7<sup>th</sup>, 2018    Space is Limited!**

**Class Location:** NMB Aquatic & Fitness Center, 1100 2<sup>nd</sup> Avenue South, NMB, SC