## SWIMMING SAVES LIVES- June 4th- June 7th- FREE Swim Lessons

Registration Begins- May 14th

Non-Swimming ADULTS & CHILDREN, Aged 5 and up

Please Select <u>ONLY ONE</u> Time! Classes Meet: 5:30pm-6:15pm; 6:30pm-7:15pm; 7:30pm-8:15pm

Pre-Registration is Required at the Aquatic & Fitness Center. Please do not register unless you are positive you will attend!

The Grand Strand Masters Swim Team in conjunction with the North Myrtle Beach Aquatic & Fitness Center is proud to be part of the U.S. Masters Swimming, *Swimming Saves Lives* Foundation and the USA Swimming Foundation's *Make A Splash* water safety initiative. The purpose of this program is to focus on drowning prevention and the positive impact swimming has on health conditions. Participants will be introduced to basic swimming and water safety skills such as floating, treading water, and being comfortable in the water.

June 4<sup>th</sup> - 7<sup>th</sup>, 2018 Space is Limited!

Class Location: NMB Aquatic & Fitness Center, 1100  $2^{nd}$  Avenue South, NMB, SC