

Turkey Burn classes



JOIN US

FOR A FULL CALORIES BURN
DAY AFTER THANKSGIVING

FRIDAY, NOV 23RD

MENU

9:00 - 9:45 Zumba - Sarah

9:45 - 10:15 Strong- Ruth

10:15 - 10:45 Barre- Denisse V.

10:45 - 11:15 Boot Camp- Stephanie

11:15 - 11:45 Kick Boxing - Jill