

Titleist Performance Institute Golf Fitness

Fitness Director, Patrick Flynn, is Titleist Performance Institute Certified and can help you enjoy the Benefits of TPI!

The Benefits Include:

- * Improved mobility and increased joint range of motion
- * Core Stability and improved balance
- * Reduced risk of injury
- * Increased longevity of your golf game
- * Increased power and maximized performance
- * Improved golf posture

Call Pat Flynn today for more information at 843-458-2643