

Chocolate lovers check this out!!!

Three Ingredient Healthy Dark Chocolate.

[recipe](#)

By [Elizabeth Reighard](#)

This is so delicious and full of antioxidants. I love eating chocolate that is good for my body!

Recipe:

1/2 cup organic cold pressed coconut oil

1/2 cup of organic cacao not cocoa because it is unprocessed cocoa and full of good for your body antioxidants.

2 tablespoons of raw honey (I use local)

After you mix ingredients roll out with a rolling-pin and refrigerate for 10 minutes for it to harden.