

Youth Spring Swim Clinics 2018-Members and Non-Members

Do you want to improve your strokes but need additional help? These swim clinics are for you! All clinics are 60 minutes in length with emphasis on correct stroke technique, proper head positioning, breathing techniques, and turns. Those participating must be able to swim 50 yards in the stroke of the day. Choose one or both of them!

Fees: AFC Member \$12.00 per clinic Non- AFC Member \$15.00 per clinic *Pre-registration for each clinic is required.

Clinic 1: Wednesday, May 23rd, 4:00p-5:00p Breaststroke & Open Turn

Clinic 2: Wednesday, May 30, 4:00p-5:00p Butterfly & IM Transitions

For more information contact: Judy Childers (843)281-3743 or jachilders@nmb.us