

Swimming Saves Lives

Free Swim Lessons

Registration Beginning May 13th

The purpose of this program is to focus on drowning prevention and the positive impact swimming has on health conditions. Participants will be introduced to ***basic swimming and water safety skills*** such as floating, treading water, and being comfortable in the water.

June 3rd- June 6th 2019

Non Swimming Adults & Children, Ages 5 and up

Please select only one time. Classes meet:

5:30pm-6:15pm; 6:30pm-7:15pm; 7:30pm-8:15pm

Pre-Registration Required at the Aquatic and Fitness Center

[Click here for Registration Form](#)